



**2009 - 2010**

**Advanced and Continuing Education Workshops**

*Please check the web site for the most current workshop schedule.*

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|--------------------|---|
| Nov. 7 & 8, 2009   | Marina Del Rey, California<br>Angel City Body Kinectics<br>contact – Marie Jose Blom<br>310.821.7200<br><a href="mailto:info@angelcitybodyk.com">info@angelcitybodyk.com</a><br><b>Subject:</b> Embracing the Curves/Scoliosis & Pilates    |
| Nov. 14 & 15, 2009 | Madison, New Jersey<br>Bodies in Balance<br>contact – Marggi Vangeli<br>973.360.1000<br><a href="mailto:shelley@bodiesinbalancenj.com">shelley@bodiesinbalancenj.com</a><br><b>Subject:</b> Gentry Approach to Pilates                      |
| Dec. 5, 2009       | Vancouver (Richmond), BC Canado<br>The Pilates Group<br>Contact – Elizabeth Burke<br>778.895.4148<br><a href="mailto:info@thepilatesgroup.net">info@thepilatesgroup.net</a><br><b>Subject:</b> Active Aging – Pilates and the Mature Client |
| Dec. 7 & 8, 2009   | Edmonton, AB Canada<br>Pilates EQ<br>contact – Kelly Curry<br>780.461.9594<br><a href="mailto:pilates2@telus.net">pilates2@telus.net</a><br><b>Subject:</b> Gentry & Aging  |
| Jan. 9 & 10, 2010  | Marina Del Rey, California<br>Angel City Body Kinectics<br>contact – Marie Jose Blom<br>310.821.7200<br><a href="mailto:info@angelcitybodyk.com">info@angelcitybodyk.com</a><br><b>Subject:</b> Embracing the Curves/Scoliosis & Pilates    |



Jan. 23 & 24, 2010

Miami, Florida  
Pilates Miami Shores  
Contact – Kevin Bowen  
305.573.4430  
[Kevin@pilatesmiami.com](mailto:Kevin@pilatesmiami.com)  
**Subject:** Active Aging and Shoulders & Hips

Feb. 26 – 28, 2010

Chattanooga, Tennessee  
Pilates Tonic  
Contact – Sydney Craig  
423.702.5233  
[combgoddess@aol.com](mailto:combgoddess@aol.com)  
**Subject:** Level 5, Mobile Spine & Scoliosis

May 7 – 9, 2010

Dusseldorf, Germany  
Pilates Body Motion  
Contact – Britta Brechtefeld  
[www.pilates-bodymotion.de](http://www.pilates-bodymotion.de)  
**Subject:** Gentry Technique, Spinal Conditions,  
Active Aging & Pilates for the Mature Client